

Warwickshire Health and Wellbeing Board 20th January 2014

Warwickshire Public Mental Health Strategy 2014-16

Recommendations

That the Warwickshire Health and Wellbeing Board:

- Considers, and approves for consultation among partners, the Public Mental Health Strategy 2014-16

1.0 Introduction

- 1.1 This strategy document sets out a work programme for Public Health Warwickshire to improve the mental health and wellbeing of people living in Warwickshire, working in partnership with key strategic groups and organisations across Warwickshire.

2.0 What the strategy covers

- 2.1 The strategy outlines the reasons for having a public mental health strategy, and the potential economic benefits of investment in public mental health.
- 2.2 It reviews the evidence base for public mental health interventions and considers those which have been shown to be cost-effective.
- 2.3 The strategy outlines the national approach to public mental health and the three tier approach which characterises public health – universal interventions, targeted prevention, and health improvement for vulnerable population groups (Levels 1,2 and 3 respectively).
- 2.4 The strategy outlines key aims for a Warwickshire Public Mental Health Strategy and proposed priorities, together with an outline for an implementation Action Plan.

3.0 Key aims for the strategy

- 3.1 The identified key aims for the strategy are:

Level 1

- To champion mental health for all, and to promote and improve public mental health and wellbeing across the life course, from childhood to old age, working in partnership with key stakeholders

Level 2

- To promote and improve the mental health and wellbeing of looked after and vulnerable children and young people in Warwickshire
- To commission evidence-based public health interventions to prevent mental ill health, suicide and dementia
- To increase access to, and availability of, low level support and early intervention services for people at risk of mental health problems

Level 3

- To narrow the gap in health inequalities for people living with severe mental illness
- To increase timely diagnosis rates for dementia, and improve availability of post-diagnosis support

4.0 Next steps

- 4.1 With the agreement of the Health and Wellbeing Board this Public Mental Health strategy will be disseminated for consultation among partners (principally those represented at the Health and Wellbeing Board and those listed on p4 of the strategy document, particularly noting the importance of collecting views from service users, carers and the public).
- 4.2 The aim is to consult on the identified priorities and proposed action plan.
- 4.3 The Action Plan will be developed, following consultation, to include more detailed outcomes and timescales, and those areas where business plans are needed for potential future investment. It is intended to finalise the strategy and bring it back to the Health and Wellbeing Board for sign-off at the March meeting.

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